

2006 Colin Potter 10k Race Results

Position	Time	Number	Name	Club	Category	
1	35.08	135	Darren Ridout	Derby AC	M	
2	35.37	72	Rich Wilson	Derby AC	M	
3	35.44	96	Ian Stevens	Derby AC	M	
4	36.01	140	Glenn North	Barrow Runners	MV40	
5	36.10	142	Phil Atherton		M	
6	36.28	115	Terrance Smith	Redhill	M	
7	36.44	154	James Lloyd		M	
8	36.48	133	Peter Pyrah	St Bedes	MV50	
9	37.30	116	David Westbury	Derby AC	M	
10	37.39	157	Tuuin Wahid		M	
11	37.55	150	Timothy Norman	Burton	MV40	
12	38.08	138	Neil Halliday	Derby AC	M	
13	38.19	73	Paul McGinty		M	
14	38.19	166	Ben Leishman	Derby Triathlon Club	M	
15	38.28	112	John Robertson	Derby AC	MV40	
16	38.35	81	Stephen Ashmore	Heanor Running Club	M	
17	38.46	95	Rob Love	Amber Valley AC	M	
18	39.00	144	Mark Gardner	Derby Triathlon Club	M	
19	39.12	155	Lewis John Prebble	Rolls Royce Harriers	M	
20	39.19	124	Mark Tomlinson	Ripley Running Club	M	
21	39.30	118	Nicholas Cooper	Shelton Striders	MV40	
22	39.32	441	Stuart Cordner		M	1st Turbine Systems Male
23	39.34	132	Shaun Lee Cooper	Shelton Striders	M	
24	39.41	111	Gary Fallon	Derby AC	MV40	
25	39.50	160	Jonathan O'Brien		M	
26	40.05	395	Lisa Knights	Sutton in Ashfield Harriers	L	
27	40.25	136	Colin Mee	South Derbyshire RC	MV40	
28	40.28	17	Ben O'Connell		M	
29	40.35	165	Roger Booth	Shelton Striders	MV50	
30	40.42	329	Jill Burke	Derby AC	L35	
31	41.33	86	John Buckley		MV40	
32	41.49	37	Mark Fowell		MV40	
33	41.53	128	Karl Tietz	Ripley Running Club	MV50	
34	42.00	159	Graham Dingley	Burton	MV60	
35	42.06	119	Tim Spate		M	
36	42.12	98	Peter Robinson		M	
37	42.15	139	Mark Berridge		MV40	
38	42.16	162	Tom Alger		M	
39	42.28	90	Jason Ball	Ripley Running Club	M	
40	42.33	143	Timothy Jaques	Ripley Running Club	MV40	

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41	42.52	56	Martyn Bell	Ripley Running Club	M	
42	42.59	505	Abbey Norman	Burton	L	
43	43.15	46	Brendan Devlin		M	
44	43.17	24	Dave Redfearn		M	
45	43.24	8	John Gorman	North Derbyshire RC	MV50	
46	43.38	71	Kevin Dickinson	Holme Pierrepont	M	
47	43.42	61	Goff Lewis	Ivanhoe Runners	MV50	
48	43.48	10	Duncan Sadler		M	
49	43.51	68	Ian Bell	Shelton Striders	M	
50	43.55	382	Theresa Hemsall	Belper Harriers	L35	
51	44.02	130	Steve Leach	Rolls Royce Harriers	MV50	
52	44.03	66	Paul Rees		MV50	
53	44.08	65	David Matthews		M	
54	44.16	30	David Fearn		M	
55	44.23	93	Adam Clubbe		M	
56	44.37	129	Kevin Gordon		MV50	
57	44.47	161	Robert Alger	Derby Triathlon Club	MV50	
58	44.50	52	Simon Field		MV40	
59	44.52	141	Andy Parkin		M	
60	44.58	368	Eleanor Robinson	Ripley Running Club	L55	
61	45.00	5	Shaun Cavanagh		M	
62	45.10	504	Mary Norman	Burton	L45	
63	45.11	54	Kenny Mackie		M	
64	45.18	28	Daniel Johnson	Shane's Squad for Headway	M	
65	45.26	45	Paul Stewart		M	
66	45.39	110	Bill Southgate	Rolls Royce Harriers	MV50	
67	45.48	369	Lizzie Hill	Shelton Striders	L	
68	45.55	74	Graham Pass	Rolls Royce Harriers	MV40	
69	46.06	147	Tony Greenhough		MV40	
70	46.10	358	Kathy Simmons		L35	
71	46.12	114	Adrian Stevens	Formula One	MV40	
72	46.17	122	Jonathan Stubbins		M	
73	46.25	125	Terry Shephed	Ripley Running Club	MV50	
74	46.25	148	Mark Simmons		M	
75	46.28	304	Lucy Partridge		L	
76	46.29	151	Alastair Boyd	Shelton Striders	MV40	
77	46.31	399	Heather North	Barrow	L45	
78	46.39	404	Michael McAleer		M	
79	46.41	442	Paul Anderson		M	
80	46.50	117	Steve Carter	Shelton Striders	MV50	
81	47.08	34	David Keegan	Shelton Striders	MV50	

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82	47.12	413	Stephen Horton		M	
83	47.12	435	Wayne Ball		MV40	
84	47.15	39	Robert Wilson		M	
85	47.22	67	Jack Groden	Shane's Squad for Headway	M	
86	47.26	7	Wayne Moore	Shelton Striders	M	
87	47.42	153	Jonathan Bryan		M	
88	47.42	91	Robert Ashbourne		MV40	
89	47.48	363	Louise Bennett		L	
90	48.01	80	Steven Oliver	Shelton Striders	MV40	
91	48.08	79	Adrian Wheatley		MV50	
92	48.12	407	Steven Roebuck		M	
93	48.18	29	Stephen Hawkins		M	
94	48.18	85	Paul Day		MV40	
95	48.21	15	Andrew Wheat		M	
96	48.21	64	Peter Fowles	Long Eaton Running Club	MV60	
97	48.23	6	Michael Gahagan	Shelton Striders	MV40	
98	48.25	88	Paul Smith		M	
99	48.27		Unknown	Unknown	Unknown	
100	48.27	390	Carolyn Lee	Shelton Striders	L35	
101	48.30	401	Neil Dayus		M	
102	48.31	385	Kellie Townes		L	
103	48.33	109	John Thornhill	Rolls Royce Harriers	MV50	
104	48.38	107	Tony Widdowson		MV40	
105	48.41	447	Alex Xidacis		M	
106	48.41	396	Katie Seymour-Smith		L35	
107	48.50	306	Judith Marriott	Shelton Striders	L35	
108	48.52	100	Robert Sharratt	Ilkeston Running Club	MV40	
109	48.55	351	Marie Edwards		L	
110	49.06	23	Carl Bourne		M	
111	49.17	341	Catherine Clifford	Shelton Striders	L35	
112	49.32	156	Graham Wenden		M	
113	49.43	41	Nick Taylor		M	
114	49.43	146	Steven Taylor	DVO	M	
115	50.01	25	Mike Bettison		MV40	
116	50.04	134	James Tilford		M	
117	50.06	113	James Naylor	Bell Harp Hornets	MV40	
118	50.20	121	Craig Pilling		M	
119	50.32	439	Chris Gibson		MV40	
120	50.40	60	Rob Pearce	Belper Harriers	M	
121	50.48	51	John Whysall		M	
122	50.54	82	Kevin Robinson		M	

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123	50.58	92	Tom Alldred		M	
124	51.00	158	Stephen Richards		M	
125	51.03	501	Helen Bates	Ilkeston RC	L35	
126	51.03	517	Alison Wynn	Shelton Striders	L35	
127	51.03	120	John Paul Ewart		M	
128	51.04	35	Robert Campbell	Shelton Striders	MV40	
129	51.09	428	Colin Newcombe	Shelton Striders	MV60	
130	51.13	380	Rachel Moorcroft	Shelton Striders	L	
131	51.17	14	Andy Richford		M	
132	51.18	83	Michael McGrath		MV40	
133	51.18	361	Perie Haddon		L	
134	51.23	48	Stuart Meynell		M	
135	51.37	78	Matthew Grant		M	
136	51.44	362	Suzanne Hawkins		L	
137	51.44	426	Mark Hulands		MV40	
138	51.47	406	Chris Bass		MV40	
139	51.47	63	Martin Watts		M	
140	51.52	102	Roland Wilton		MV50	
141	51.59	316	Christine Fleming	Shane's Squad for Headway	L45	
142	52.01	511	Catherine Scott		L	
143	52.04	339	Kate McBlane		L	
144	52.04	2	Joe Gurnett		M	
145	52.11	307	Helen McCarrick	Shelton Striders	L35	
146	52.20	452	Steve Adcock		MV40	
147	52.27	317	Fiona Sellar	Belper Harriers	L45	
148	52.30	26	David Palfreyman	Rolls Royce Harriers	MV50	
149	52.39	149	Ian Harlow		MV50	
150	52.24	379	Wendy Wheawall	Shelton Striders	L35	
151	52.45	31	Gavin Fletcher	Shane's Squad for Headway	M	
152	52.46	77	James Carter		M	
153	52.46	57	Darren Askroft		MV40	
154	52.56	99	Mark Jacob		M	
155	52.59	1	Allan Pollock	Rolls Royce Harriers	MV50	
156	53.01	345	Sarah Wain		L35	
157	53.04	381	Carol Sharratt	Erewash Valley AC	L45	
158	53.08	308	Louise Birks		L	
159	53.14	459	Tom Perry		M	
160	53.16	353	Lindsey Dewis		L35	
161	53.21	315	Anthea Page	Belper Harriers	L35	
162	53.31	55	Roland Woodbridge	Herne Hill Harriers	MV50	
163	53.41	374	Rosemary Arris-Pratt	Belper Harriers	L35	

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164	53.41	11	Matthew Birks		M	
165	53.45	16	Mitchell Bryan		M	
166	53.46	123	Ian Armstrong		M	
167	53.48	69	Melvin Beale	Shane's Squad for Headway	MV50	
168	53.50	432	Paul Mather		MV40	
169	53.51	319	Beverley Dawes	Sutton in Ashfield Harriers	L35	
170	53.53	366	Julie Nicholls		L35	
171	53.58	365	Marie Hartshorn		L35	
172	53.59	333	Debbie Roe	Sinfin Running Club	L35	
173	54.02	105	David Acklam		M	
174	54.03	359	Caroline Shacklock		L	
175	54.04	438	Phil Peake		M	
176	54.07	89	Jim Softly		MV50	
177	54.07	389	Silke Kreiger-Ford	Shelton Striders	L35	
178	54.90	323	Mary Davies		L55	
179	54.25	412	Dan Burton		M	
180	54.26	126	Colin Webster	Ripley Running Club	M	
181	54.36	410	Olly Charlton		M	
182	54.41	21	Paul Hodson-Walker		M	
183	54.42	502	Liddy Loudon	DVO	L	
184	54.44	101	Mick George	Sinfin Running Club	MV60	
185	54.46	313	Rachael Harlow	Shane's Squad for Headway	L	
186	54.49	392	Angela Young	Chesapeake RR	L45	
187	55.06	458	Derrick Duthie		M	
188	55.13	62	Neil Wilson		M	
189	55.13	163	Andrew Ward	Rolls Royce Harriers	MV50	
190	55.14	94	Matthew Plackett		M	
191	55.14	427	Julie Peck	Shane's Squad for Headway	L45	
192	55.18	383	Kirsty Westran	Belper Harriers	L	
193	55.24	97	Neil Tatler		M	
194	55.29	49	Aaron Whittingham		M	
195	55.30	103	John Turner		M	
196	55.33	164	Mark Challenger		MV40	
197	55.33	47	Richard Hanlon		M	
198	55.41	516	Jackie Bull	Derby Triathlon Club	L	
199	55.41	425	Gavin Chadwick		M	
200	55.44	405	Joe Rees		M	
201	55.44	321	Lucinda Frearson		L35	
202	56.00	320	Amanda Langton		L35	
203	56.00	394	Mary Kinder	Chesapeake RR	L45	
204	56.02	500	Helen Woodman	Rolls Royce Harriers	L	

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205	56.02	311	Louise Phillips		L35	
206	56.05	312	Christine Charlton		L	
207	56.11	451	Ian Hutchinson		MV40	
208	56.25	352	Kathleen Taylor		L35	
209	56.26	347	Emma Stockdale		L	
210	56.27	305	Adelle Cavanagh		L	
211	56.31	507	Stella Bartram	Washland Women Runners	L35	
212	56.39	152	Wayne Castledine		MV40	
213	56.39	12	Tom Fleming	Shane's Squad for Headway	MV40	
214	56.42	448	Karen Marshall		L	1st Turbine Systems Lady
215	56.44	449	David Tattersall		M	
216	56.49	386	Karen Cooper	Shelton Striders	L35	
217	57.04	58	Sam Crofts		M	
218	57.04	310	Anne Cook	Ripley Running Club	L35	
219	57.13	340	Gillian Whiteside	Rolls Royce Harriers	L35	
220	57.14	354	Rhona Woodward		L	
221	57.15	145	Chris Baker	Sinfin Running Club	MV50	
222	57.19	509	Sarah Sisson		L35	
223	57.21	400	Peter Draper	Rolls Royce Harriers	MV40	
224	57.30	508	Helena Houghton		L	
225	57.31	303	Jayne Beecroft		L	
226	57.39	444	Stephen Jones		MV40	
227	57.41	350	Alison Corke		L	
228	57.41	330	Claire Bracegirdle		L	
229	57.51	503	Cathy Wilson	Shelton Striders	L35	
230	57.52	429	Jeannie Mordecai		L35	
231	57.54	408	Marc Winspear		M	
232	57.55	127	Jack Powell	Chesapeake RR	MV60	
233	58.01	515	Catherine Woodrow-Smith		L35	
234	58.30	512	Laura Higgs		L	
235	58.41	431	Graham Allsopp	Rolls Royce Harriers	MV50	
236	58.55	409	Rob Lane		M	
237	58.58	411	Steven Burrill		M	
238	59.03	9	Tom Lammond		MV40	
239	59.06	40	David Leighton	Shane's Squad for Headway	MV40	
240	59.22	328	Janyse Stone		L45	
241	59.25	4	Malcolm Lamb	Civil Service Sports Club	MV40	
242	59.30	19	John Shacklock		M	
243	59.35	343	Annabelle Nichols		L	
244	59.37	506	Jackie Cullen	Washland Women Runners	L35	
245	59.38	514	Colleen Gillespie		L	

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246	59.49	355	Louise Moss		L35
247	59.51	106	Alan Woodward		M
248	60.02	415	Dawn Beardsley		L35
249	60.08	424	Adrian Webster		M
250	60.13	331	Yvonne Peake		L
251	60.15	332	Debbie Wallen		L
252	60.15	36	Ken Wright	Rolls Royce Harriers	MV60
253	60.15	53	Austen Colledge		M
254	60.17	342	Kerry Hemstock		L
255	60.17	137	Paul Taylor		MV40
256	60.50	27	William Johnson	Shane's Squad for Headway	MV40
257	61.03	300	Kirstie Ryley		L
258	61.36	31	Gavin Fletcher	Shane's Squad for Headway	M
259	61.40	18	Shane Yates	Shane's Squad for Headway	M
260	61.48	42	Tom Long	Rolls Royce Harriers	MV60
261	62.02	416	James Trussell		M
262	62.24	322	Isabel Houghton		L45
263	62.32	440	Anthony Rawlinson		MV40
264	62.34	437	Pardeep Singh Mehngar		M
265	62.44	387	Samantha Wibberley		L
266	62.51	108	Pete Freeman		M
267	62.54	371	Beryl Softly		L55
268	63.02	87	Peter Trelfa	Shelton Striders	MV50
269	63.02	20	Phillp Nicholls		MV40
270	63.06	397	Alison Turner		L35
271	63.41	391	Lynsey Hurray		L
272	63.51	460	Naseem Ahmed		M
273	64.00	376	Victoria Robinson		L
274	64.05	456	Nigel Leech		M
275	64.05	377	Jill Lees		L45
276	64.12	370	Ellie Hill	Shelton Striders	L45
277	64.29	84	Tony Hill	Shelton Striders	MV50
278	64.30	513	Jan Dingley	Washland Women Runners	L55
279	64.39	104	Arthur Durham		MV50
280	65.38	423	Stephen McIlroy		MV40
281	65.51	457	Neil Hames		MV40
282	66.48	356	Kay Smith	Shane's Squad for Headway	L45
283	67.11	443	Gary Wilson		M
284	67.31	421	Beth Hedges		L
285	67.32	364	Sarah Hartshorn	Running 4 Women	L
286	67.37	334	Roisin McParland		L

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287	67.51	327	Edel Webster		L	
288	67.51	402	Andy Ryley		M	
289	67.54	445	Ian Shuttleworth		MV40	
290	68.02	301	Deborah Hood	Shane's Squad for Headway	L	
291	68.08	338	Natasha Whittingham		L	
292	68.08	325	Clare Campbell		L35	
293	68.33	454	Nigel Parkin		MV40	
294	69.48	422	Anna Stephanakis		L	
295	70.06	393	Louise Clarke		L	
296	70.17	519	Polly Atkin		L	
297	71.11	518	Alexandra Morrell		L	
298	71.17	398	Samantha Jones		L35	
299	71.21	419	Karen Allen		L45	
300	71.47	324	Louise Fletcher	Shane's Squad for Headway	L	
301	72.01	70	Christopher Trendowicz		M	
302	72.10	357	Lorraine Beasley		L35	
303	72.10	446	Tony Robinson		MV40	
304	72.22	373	Jacqui Halliday		L35	
305	75.01	372	Joanne Simmons		L	
306	75.01	377	Jill Lees		L45	
307	75.01	450	John Fellows		MV50	
308	75.02	414	John Winfield		MV40	
309	75.02	388	Yi Wang		L45	
310	78.49	420	Allison Cuttell		L35	
311	82.23	346	Angela Meynell		L35	
312	82.41	344	Phyllis Hambling	Shane's Squad for Headway	L35	
313	84.20	455	Mark Rogerson	Rolls Royce Harriers	M	
314	84.20	430	Ellen Whysall		L	
315	88.57	349	Jenny Ambrose		L45	
316	89.01	336	Emma Mitchell		L	
317	89.01	453	Allan Barresford		MV40	
318	89.30	461	Paula Wilkinson		L35	
319	89.35	434	Erika Takacs		L35	
320	89.35	403	Iain Potter		M	
321	89.47	337	Natasha Whittingham		L	
322	89.55	433	Linda Sowter		L45	
323	90.42	335	Kathleen Meynell		L35	